

RISK ASSESSMENT FORM



Activity: TRAMPOLINING

Hazard	Hazard Effect	Risk level before control:	Control:	Level of Risk
Improper use by students upon a trampoline.	Serious injury resulting.	High	Ensuring correct use by student upon trampolines. Can only be ensured if staff have the trampolining grade 1 coach award and enforce it fully.	Low/ Med
Improper spotting e.g. calling out, distracting performer.	Serious injury and cause of poor concentration to performer.	High	Warning spotter if necessary withdraw.	Low/ Med

Final Assessment: Staff should be consistently aware of dangerous activity.

Overall Risk: Medium

Assessor: Chris Game Reviewed by Hayley Jeal **Date:** August 2015

Review: On going

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Hazard	Hazard Effect	Risk level before control:	Control:	Level of Risk
Lack of warm up.	Injury resulting.	Med	Warm up thoroughly.	Low
Mounting/dismounting trampoline.	Injury resulting, particularly dismounting.	Med	Instructing pupils of side mounting/dismounting, i.e. not to jump off.	Low
Poor performance of skills by performer on trampoline due to incorrect techniques.	Serious injury resulting.	Med	Ensuring students only follow instructions given to them by supervising staff. Step-by-step progression. <u>Use of skills booklet by students.</u> (See booklet)	Low
Final Assessment: Trampolining should only be taught by a qualified member of staff/instructor. Overall Risk: Medium				
Assessor: Chris Game Reviewed by Hayley Jeal		Date: June 2015		Review: On Going

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Hazard	Hazard Effect	Risk level before control	Control:	Level of Risk
Illegal getting out of trampolines.	Unqualified or unsupervised persons using trampoline.	High	Keep trampolines in cupboard (locked). Supervised by staff (each trampoline individually). Students should be trained.	Med
The wheeling out and getting out of trampolines and putting away.	Crushed toes, broken wrists/arms. Risk of broken limbs.	Med	<u>Total</u> supervision. Full instruction should be given to students.	Low
Unsuitable clothing and personal effects, unsuitable footwear.	Broken toes, grazes, cuts from jewellery. Lack of control.	Med	Insistence correct/appropriate clothing and removal of hazardous jewellery.	Low
Spotters around trampoline unaware of procedure.	Participant falling off trampoline.	High	Suitable number of spotters who have been fully instructed. Appropriate behaviour. Students to be aware of spotting code of conduct.	Med
Students falling on floor	Potential injury to spotter and performer.	High	Non slip mats to be placed on floor around outside of trampoline.	Med
Final Assessment: A potentially high risk activity.			Overall Risk: Medium	
Assessor: Chris Game Reviewed by Hayley Jeal		Date: June 2015	Review: On Going	