



# GCSE SPORTS SCIENCE

## What will I learn and when?

*Course content:* The course is 30% practical, 10% written coursework and 60% written exam. You will complete 2 written exam papers and learn about current topics in sport, psychology in sport, data analysis, socio-cultural influences in sport and develop knowledge of health, fitness and exercise and the human body. This is a more scientific GCSE course and will require a very good knowledge and understanding of the human body and movement analysis. You will develop your skills in 3 sports, specialising in 3 practical areas (see table below). Students will need to perform to a high level outside of school in 3 sports and these will need to be filmed and analysed throughout the course.

### Written Paper - 30% • 1 hour 15 minutes written paper

- 78 marks
- Combination of multiple choice, short answer and extended writing questions
- Applied anatomy and physiology, movement analysis, physical training and use of data

#### Component 2:

Socio-cultural influences and well-being in physical activity and sport

### Written Paper - 30% • 1 hour 15 minutes written paper

- 78 marks
- Combination of multiple choice, short answer and extended writing questions
- Sports psychology, socio-cultural influences, health, fitness and well-being and use of data

### Component 3: Practical performance in physical activity and sport NEA - 40% • 100 marks

- Internal assessment, external moderation

## Activity List

Team Activities			Individual Activities		
Acrobatic gymnastics	Association Football	Badminton	Amateur Boxing	Athletics	Badminton
Basketball	Camogie	Cricket	Canoeing	Cycling	Dance
Dance	Figure Skating	Futsal	Equestrian	Figure Skating	Golf
Gaelic Football	Handball	Hockey	Gymnastics	Kayaking	Rock Climbing
Hurling	Ice Hockey	Inline Roller Hockey	Sailing	Sculling	Skiing
Lacrosse	Netball	Rowing	Snowboarding	Squash	Swimming
Rugby League	Rugby Union	Sailing	Table Tennis	Tennis	Trampolineing
Sculling	Squash	Table Tennis	Windsurfing		
Tennis	Volleyball	Water polo			
Specialist Team Activities					
Blind Cricket	Goal Ball	Powerchair Football			
Table Cricket	Wheelchair Basketball	Wheelchair Rugby			
Bocca	Polybat				



**Specification name and number: AQA GCSE PE**

**How will I learn?**

*Styles of learning:* Practically, in a classroom, through leadership activities, using modern technology and up to date sporting examples and key ideas.

*Trips/visits:* Potential opportunities to go to Loughborough University, meet former and current Olympic athletes to share experiences and develop knowledge and understanding. To further develop practical ability through outside coaches and potential trips.

*Resources:* PE teaching spaces, PE KIT, laptops/IPADS.

**How will I be assessed?**

*Exams:* Practical Exam – March Year 11  
Written Exam – May Year 11

*Controlled Assessment:* Sep – July in Year 10 of the course – ongoing assessment in lessons.

**HOW TO HELP YOUR CHILD IN GCSE PE SPORTS SCIENCE**

Actively encourage them to take up the after school and lunch time clubs available. Go and play sport with your child at a local sports club to further support and enhance their learning. Find out when they have PE and support them by helping them to plan and pack suitable PE kit and trainers for these lessons. Ensure all practical activities are filmed and video evidence is transferred onto the school internal drive for assessment. Support your child by asking them what they have learnt and then testing their knowledge and recall of key information.

**USEFUL RESOURCES - WEBSITES:**

[www.sportengland.org](http://www.sportengland.org)

[www.youthsporttrust.org](http://www.youthsporttrust.org)

Information is also available on office 365

[AQA website](#)

**Who should I contact for further information?**

*Curriculum Area Leader:* Miss Jeal

***Please do not hesitate to contact the Curriculum Area Leader of this subject  
should you wish to discuss the course.***