







LUNCH Menu

WEEK ONE – SPRING SUMMER

(Ve) Vegan option

(V) Vegetarian Option



| Green Earth Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|
| Mexican Vegetable Quesadilla with Warm Nachos (V)  | Lamb Chilli Con Carne with Yucatean Rice  | Roast Chicken Sausages with Gravy & Roasties | Paprika Chicken & Sri Lankan Dhal with Steamed Mixed Rice  | Sustainably Sourced Battered Fish & Chips |
| Aubergine Shawarma Flatbread (Ve)  | Chilli Sin Carne with Yucatean Rice (Ve)  | Roast Quorn with Gravy & Roasties | Roasted Coriander Aubergine & Sri Lankan Dahl with Steamed Mixed Rice (Ve)  | Cheese & Tomato Pizza & Chips |
| Cheese & Pepperoni Panini Chicken Burrito Pizza slice | Cheese Panini Chicken Burger Pizza slice | Chicken Nuggets & Wedges Sausage Roll Pizza Slice | Cheese & Pepperoni Panini | Fish Friday |
| Broccoli, Baked Beans, Mixed Salad, Rice | Fajita Roasted Sweetcorn & Peppers, Baked Beans, Mixed Salad | Country Mixed Vegetables, Baked Beans, Mixed Salad | Baked Beans, Garden Salad, Sri Lankan Vegetable Salad, Wedges | Peas, Baked Beans, Mixed Salad. |
| Cake Selections | Cake Selections | Cake Selections | Cake Selections | Cake Selections |

Portion(s) of fruit or veg



Source of Wholegrain



Contains plant-based proteins



LUNCH Menu



WEEK TWO – SPRING SUMMER









(Ve) Vegan option

(V) Vegetarian Option

STAR
DISH

MEAT
FREE

GRAB
& GO

| Green Earth Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|
| Cheese & Tomato 'Pizza' Macaroni Cheese (V)  | Mexican Lamb Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa  | Moroccan Chicken Tagine with Fluffy Couscous  | Korean Sweet & Sour Chicken with Steamed Rice  | Sustainably Sourced Battered Fish & Chips or Oven Baked Chicken Nuggets & Chips |
| Roasted Cauliflower, Chickpea & Coconut Curry with Steamed Rice (Ve)  | Mexican Quorn Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa (V)  | Moroccan Chickpea & Lemon Tagine with Fluffy Couscous (Ve)  | Korean Sweet & Sour Vegetables with Steamed Rice (Ve)  | Cheese & Tomato Pizza & Chips (V) |
| Cheese & Pepperoni Panini Chicken Burrito Pizza slice | Cheese Panini Chicken Burger Pizza slice | Chicken Nuggets & Wedges Sausage Roll Pizza Slice | Cheese & Pepperoni Panini | Fish Friday |
| Baked Beans, Garden Salad, Garlic Bread, Green Beans | Baked Beans, Fajita Roasted Sweetcorn & Peppers, Garden Salad, Coleslaw | Baked Beans, Broccoli, Garden Salad | Baked Beans, Asian Slaw, Garlic Green Beans, Garden Salad | Peas, Baked Beans, Mixed Salad |
| Cake Selections | Cake Selections | Cake Selections | Cake Selections | Cake Selections |

Portion(s) of
fruit or veg



Source of
Wholegrain



Contains
plant-based
proteins










LUNCH Menu

WEEK THREE – SPRING SUMMER

(Ve) Vegan option
(V) Vegetarian Option



| Green Earth Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Cheese & Tomato 'Pizza' Macaroni Cheese (V) | Chicken & Vegetable Enchilada with Warm Nachos  | Penne Pasta Lamb Bolognese Bake  | Japanese Chicken & Edamame Curry with Steamed Mixed Rice  | Sustainably Sourced Battered Fish & Chips Or Oven Baked Chicken Goujons & Chips |
| Veggie Bolognese Pasta Bake (V)  | Mexican Vegetable Tostada (Ve)  | Mediterranean Vegetable Lasagne (V)  | Japanese Roasted Aubergine, Edamame & Sweet Potato Curry with Steamed Mixed Rice (Ve)  | Cheese & Tomato Pizza & Chips (V) |
| Cheese & Pepperoni Panini Chicken Burrito Pizza slice | Cheese Panini Chicken Burger Pizza slice | Chicken Nuggets & Wedges Sausage Roll Pizza Slice | Cheese & Pepperoni Panini | Fish Friday |
| Baked Beans, Garden Salad, Garlic Green Beans, Garlic Bread | Baked Beans, Garden Salad, Roasted Sweetcorn, Wedges | Baked Beans, Coleslaw, Garlic Bread, Garden Salad | Baked Beans, Sauté Garlic Green Beans, Asian Slaw | Peas, Baked Beans, Mixed Salad |
| Cake Selections | Cake Selections | Cake Selections | Cake Selections | Cake Selections |

Portion(s) of
fruit or veg



Source of
Wholegrain



Contains
plant-based
proteins

